



Camp Hope Summer of Fun

The Arc of Essex County wrapped up the 2019 Camp Hope season with a myriad of visitors and activities in the month of August. On Wednesday, August 7th the New York Red Bulls Freestyle Crew and staff members visited Camp Hope. The day was full of fun as the campers showcased their soccer skills, picked up some new tips and tricks, and even got to watch a performance from the Red Bulls Freestyle Crew! Throughout the day, Red Bulls staff members helped the campers practice their aiming and ball handling skills as well as how to work together towards a common goal.

Then, on Wednesday, August 14th, EaZy Bubbles stopped by for some science fun! The campers watched and participated in a bubble show. Afterward, they created Bubble Painting in Art to finish the day.

Finally, the Dancing DJs closed out the camp season on Friday, August 16th with lively music, dancing, and fun during the annual end of summer dance.

Camper favorites included Limbo, the Cupid Shuffle, and many other camper-requested tunes.



The 2019 Camp Hope season was one to remember with record setting enrollment of more than 200 campers. The Arc of Essex County would like to thank everyone who made this season a success including visitors from the New Jersey State Golf Association, the New York Red Bulls, EaZy Bubbles, and the Dancing DJs. The Arc would also like to extend a thank you to all of the funders who contributed towards the 2019 camp season: New Jersey State Golf Association Youth Foundation, Novartis US Foundation, Newark Fresh Air Fund, Catholic Human Services Foundation, and the Orange Orphan Society.

Stay tuned to The Guardian and The Arc's social media channels in early 2020 as we announce details for the next Camp Hope season!

Camp Hope is an eight week summer day camp for children and adults with intellectual and developmental disabilities located in East Hanover. Operating since 1956, camp runs Monday through Friday, 9 am to 3 pm, starting in late June and ending in August, with transportation provided for campers living in Essex County and surrounding areas. Camp Hope provides campers with traditional camp activities including supervised swimming and outdoor fun with modified sports, arts & crafts, and music. While enjoying these activities, attention is also given to daily living skills, peer interaction, socialization skills, and developing appropriate behaviors.

For more information, visit www.arccamphope.com. To request a tour and for questions regarding the application process, contact Laurie Best, Senior Director of Children & Adult Day Services at (973) 535-1181 x1264 or lbest@arcessex.org.

Wedgewood Group Home Residents Visit Broadway;

Respite Group Home Hosts Backyard BBQ

On Saturday, August 10th two of The Arc of Essex County's Wedgewood Group Home residents took a trip to New York City to catch a showing of the world-renowned Lion King on Broadway. They thoroughly enjoyed the performance as well as taking in the sights at nearby Times Square.

Then, on Saturday, August 24th, the Crisis/Respite group home celebrated the completion of their recent backyard renovations by inviting their friends from the Bloomfield group homes and Branch Brook and Park Place supervised apartments over for a BBQ. Residents and staff cooked up summer favorites including ziti and fresh Jersey corn while enjoying each other's company and the warm weather.

If you or a loved one are interested in pursuing an independent living placement with The Arc of Essex County, please contact The Arc's Director of Residential Service, Rebecca Lorusso via email at rlorusso@arcessex.org or by calling (973) 535-1181 ext. 1270. For additional information about The Arc of Essex County's residential openings, click here.





Uncorked & Uncapped is Less Than One Month Away;

New Online Auction Coming Next Week

Mark your calendars! The Arc of Essex County's sixth annual Uncorked & Uncapped: Wine, Beer, and Food Tasting Experience is less than one month away. Join us on Thursday, October 3rd at the Wilshire Grand Hotel in West Orange as we raise funds and honor the partnerships that have been integral to our success. The following honorees will be recognized at a pre-event ceremony:

- Corporate Partner Award: Primepoint HRMS & Payroll
- Community Partner Award: Mayor Joseph Pannullo, Township of East Hanover

This year's tasting event is already breaking records with nearly 50 wine, beer, food, and spirits vendors and over 130 tastings.

New & Returning Vendors:









NEW to Uncorked & Uncapped is Suero Cigars. This interactive, educational cigar experience will display the art of cigar rolling for the first 100 guests. Learn how to identify the strength of a cigar, the importance of pairing, and more!

The 2019 event will also feature a new, online auction, in addition to the evening's silent auction. Get a head start on bidding and receive notifications about your favorite items. Please note, only select items from the online auction will be brought to the October 3rd event. All others will be closed out on Wednesday, October 2nd. Be sure to bid on the items you want online prior to the event, then attend Uncorked & Uncapped to ensure you win your favorites! Online bidding will begin next week. Stay tuned for additional details.

For the full list of new and returning vendors and to purchase your tickets today visit www.uncorkedanduncapped.com

For inquiries about becoming a vendor or purchasing tickets, contact Maria Meizoso at 973-535-1181 x1227 or mmeizoso@arcessex.org.

For inquiries about becoming a sponsor, contact Heather Comstock at 973-535-1181 x1224 or hcomstock@arcessex.org.

Parents Night Out

Program Returns

Join The Arc of Essex County for its expanded **Parents Night Out** program. Designed for children ages 5 - 22, this program features a themed night of arts and crafts, games, snacks, and more while mom and dad take a break to relax and recharge. The 2019-2020 Parents Night Out series will team up with local high schools to bring added inclusive social opportunities.

Upcoming Dates and Themes:

- · October 25, 2019 Halloween Bash
- · December 13, 2019 Winter Wonderland
- · February 7, 2020 Valentine's Day
- · March 20, 2020 St. Patrick's Day
- May 8, 2020 Spring Fling

Are you also looking for coverage during winter break? The Arc's Winter Break Child Care program will return with themed days and activities in late December.

2019 Dates:

- · December 26
- · December 27
- December 30
- December 31

To enroll in these activities, contact Jennifer DeBarr at jdebarr@arcessex.org or by calling (973) 535-1181 ext. 1292.



Adult Recreation Program Visits the Farm &

Celebrates Summer with a Luau at Camp Hope

The Arc of Essex County's Community Inclusion Program held their Summer Jam Island Party at Camp Hope on Sunday, August 4th. Participants enjoyed a variety of activities including limbo, karaoke, cooling off in the splash pad, and more! Everyone received awesome takeaways as a memory of the day, such as luau-themed glasses and leis.

Then, on Sunday, August 11th, the group visited Alstede Farms' Peach Festival to enjoy peach treats as well as navigate through the mazes, play on the hay bales, and pet the farm animals. Everyone enjoyed tasting the farm-fresh bounty and many attendees took home farm fare including fresh made pies to share with family and friends!

Do you have a loved one interested in educational programming, community experiences, seasonally-themed events, and weekend group respite programs? The Arc of Essex County's Fall 2019 Adult Community Inclusion, Recreation, & Respite Catalog is now available! Highlights include:

- Pumpkin Picking & Hay Ride
- An Indoor Holiday Lights Spectacular
- · Fall celebrations including a Halloween Spooktacular, a Thanksgiving Scavenger Brunch, and an Autumn Sip & Paint Party
- · Farm-to-Table Cooking Classes and more!

Check out the Fall 2019 Recreation Catalog, <u>available here</u>, then reach out to The Arc of Essex County's Manager of Community Supports Services, Dacia King-Sarkodie, to learn how you can enroll - <u>dking@arcessex.org</u> or (973) 535-1181 ext. 1272.



to The Arc's Uncorked & Uncapped Silent Auction

Do you have hotel or airline points to cash in? Maybe a timeshare or beach house? The Arc of Essex County is seeking your support as silent auction donors for the 6th Annual Uncorked & Uncapped Tasting Event.

Whether it's tickets to a game or a gift certificate to a restaurant, we are greatly appreciative of anything you are able to donate! If you have something in mind you'd like to donate to our silent auction on Thursday, October 3rd, please contact Maria Meizoso at mmeizoso@arcessex.org or at (973) 535-1181 x1227.



Self Advocates from The Arc of Essex County

Visit the SplashPlex

The Arc of Essex County's Self Advocacy group joined the New Jersey Self Advocacy Project on Monday, August 12th at the SplashPlex water park in East Hanover as part of its #HealthyLifestylesProject! The group soaked up the summer sun, enjoying the interactive pool, water slides, lazy river, and more!

The Healthy Lifestyles Project (HLP) is a program of The Arc of New Jersey and receives funding through a grant awarded by the Horizon Foundation for New Jersey. The program aims to provide people with intellectual and developmental disabilities with functional education about the importance of healthy choices related to diet, exercise, and stress management.



The Arc of Essex County's Residential Corner

September Openings

For individuals seeking a community living placement, The Arc of Essex County has the following September 2019 openings:

Oakwood Group Home (1 Vacancy)



- 1 Bedroom Available in 5-Bedroom Group Home
- 24/7 Staff Supervision
- Recently Renovated, Single Family, Bi-Level Home
- · Located on a peaceful, tree lined street in Livingston
- Current roommates are male and female ranging in age from early 30's to early 60's. They enjoy spending time outdoors, attending
 local concerts and other events in the Livingston area, relaxing in the backyard for a barbecue and picking fruit at nearby orchards in
 the fall

Bloomfield Supervised Apartment (1 Vacancy)



- 24/7 Staff Supervision
- · Apartment-style living in a multi-family, Arc of Essex County, owned home
- Single bedroom on 1st floor in shared apartment with opportunities to mingle with fellow residents
- Within walking distance to Bloomfield's downtown shopping & restaurants

South Orange Supportive Living Apartment (2 Vacancies)



• Minimal community living support needs

· Access to an emergency on-call system for added safety 24 hours a day

- · Apartment-style living in 5-floor building with elevator
- Located steps from public transportation and South Orange's vibrant downtown

Respite Group Home



Are you heading out of town for an upcoming business trip, wedding celebration, or planning a medical procedure that requires overnight or rehab recovery? Do you need coverage for your loved one with an intellectual or developmental disability? The Arc of Essex County's Respite Group Home can help. Accommodating up to 6 residents, the home is designed to provide a caring and supportive stay during planned or unplanned respite events. The home features:

- 24/7 Staff Supervision
- Large, 2-Story, Single Family, Colonial-style Home
- Designed to create a family-like setting in which consumers can feel comfortable until they transition into permanent housing or return home
- · Staff is prepared to manage behavioral issues and additional supports based on the needs of the individual

For additional information about The Arc of Essex County's residential services, <u>click here</u>. If you are interested in pursuing independent living at one of the above properties, please contact The Arc's Senior Director of Residential Service, Rebecca Lorusso via email at <u>rlorusso@arcessex.org</u> or by calling (973) 535-1181 ext. 1270.

The Arc to Host Employment Open Houses

Throughout the Month of September

Are you looking for a full or part time job where you can make a difference? Pop by an open house and join The Arc of Essex County every Tuesday in September and on Thursday, September 26th to learn about employment opportunities working with individuals with Autism, Down syndrome, and other intellectual and developmental disabilities. Openings include:

- · Direct Support Professionals
- · Shift Supervisors
- Teachers Assistants
- · Occupational Therapists
- · Physical Therapists
- · Speech Language Pathologists

Interested individuals must submit an employment application on The Arc of Essex County's website (www.arcessex.org/careers) prior to attending. Candidates should bring multiple copies of their resume and be prepared to interview. For questions, call Cyeta Graham at (973) 535-1181 ext. 1256.



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