

For people with intellectual and developmental disabilities and their families since 1948.

Guardian

September 2018 • Volume 69 No. 9



Donate Now

Meet Our New Board President

Marnie McNany is excited to begin her term as President of The Arc of Essex County's Board of Directors. Marnie was first introduced to The Arc when her daughter, Mary, entered the Stepping Stones Early Intervention program in the summer of 2002 and went on to attend Stepping Stones School. Mary then attended Camp Hope for several fun-filled summers. Marnie has also been active with The Candle Lighters assisting with their fundraising efforts in support of Arc of Essex County since her daughter attended Stepping Stones.

Marnie joined The Arc's Board of Directors in 2009. While on the Board, Marnie has seen changes in the nation, state, and Arc organization itself. When asked why she has chosen to take such an active leadership role in The Arc, Marnie said, "As legislators and providers look to provide support and create programming for people with Intellectual and Developmental Disabilities, The Arc of Essex County has been at the forefront. Its structure and reach has enabled The Arc to remain a key factor in residential and day services for individuals and



families: it is amazing to see. The strength of The Arc of Essex County was made clear to my family from our first day in 2002 and I see it still today: the commitment of the people here who deliver support, education, and services."

The Arc of Essex County is proud to welcome Marnie into her new leadership role.

More Vendors and Entertainment Added to

2018 Uncorked & Uncapped

As the 5th Annual Uncorked & Uncapped: Wine. Beer, and Food Fest approaches, additional vendors, entertainment, and silent auction items are being added daily. Apart from illusionist Chris Dare and guitarist JT Rooney, flair bartending and specialty cocktails have been added into the mix thanks to Famous Events and Mix 'em Up Bartending School. While you peruse the lavish tasting rooms of the



Wilshire Grand Hotel, take some time to relive your youth in our vintage pinball and arcade game corner, or challenge your putting skills courtesy of Wow, Inc. The options are endless at this year's Uncorked!

New vendors to join the lineup include South + Pine American Eatery, Ah'Pizz, Benji's Taqueria Mexican Grill, River Horse Brewing Company, and more. We are also excited to welcome back past crowd favorites including Piattino, Frutta Bowls, Das' Creamery, Magic Mike's BBQ, Jersey Spirits, A-List Wines, Fedway, and several others.

Tickets can be purchased for \$100 and include three hours of unlimited food and drink tastings. For additional details, to view a full listing of vendors, and to purchase tickets for the much buzzed-about Uncorked & Uncapped community event, visit the event website at www.uncorkedanduncapped.com.

Discounted room rates are available the night of the event for \$149 and include a hot breakfast buffet. Please call the Wilshire Grand Hotel at 973-731-7007 and request the Uncorked and Uncapped discount rate

For inquiries about becoming a vendor, contact Maria Meizoso at 973-535-1181 x1227 or mmeizoso@arcessex.org.

View the 2017 event highlight reel: https://vimeo.com/249088228.

Hotel Respite Program Enjoys Weekend Thanks to

Wallerstein Foundation for Geriatric Life Improvement

From July 27th-29th, thirteen of The Arc of Essex County's Hotel Respite Program participants and nine staff members had a weekend packed with exciting activities thanks to the Wallerstein Foundation for Geriatric Life Improvement.

On Friday night, everyone gathered for dinner at Olive Garden in Livingston, NJ before heading to their rooms for the night at the Embassy Suites Hotel in Parsippany. The next morning they enjoyed a delicious breakfast at the hotel and ventured to a craft fair at Kean University in Union. The fun didn't stop there as the group went bowling at Linden Lanes, and then went shopping at Walmart and swimming in the hotel pool. After the fun-filled day, everyone enjoyed pizza for dinner to top off another great weekend.



The Arc of Essex County's Hotel Overnight Respite program is hosted for adults with intellectual and developmental disabilities one weekend per month. Extending from Friday evening to Sunday afternoon, consumers are given flexible choices of community and hotel based activities to fill their weekend. During this time, families are able to take time to relax, recharge, and manage family life.

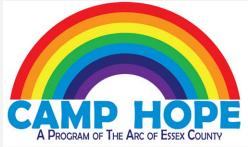
"The Arc's Overnight Hotel Respite program's staff is amazing. They provide my son with excellent care, and attend to his particular needs. I am struck by how much the staff care for the men and women under their supervision. I am also grateful for the program because it provides me with much needed downtime. I am a single mom, and I work full-time; caring for an adult with extensive special needs is also a full-time job. I truly value the few days the program gives me to run errands and to take a little time for myself." - Daisy J.

For additional information regarding The Arc of Essex County's Hotel Overnight Respite program, visit https://www.arcessex.org/services/adult-services/respite/overnight-respite/ or contact Senior Director of Supports Program Services Melissa Soules at msoules@arcessex.org or (973) 535-1181 ext. 1262.

A Summer to Remember at Camp Hope -

New Facilities, Staff, and Activities

Camp Hope kicked off August with Flash Back to the Past week. Campers traveled back in time to the Dinosaur Age and made their way back to the present by making stops along the way with a 70's



Disco Dance Off, a Crazy 80's Sheet Painting, and a 2000's Lip Sync Battle. Week five ended with the traditional camp Talent Show. Campers took center stage as parents and families came to watch them sing, dance, and even perform a few magic trips.

It was off to visit the Wonders of the World and enjoy activities including Water Relay Races, a Bounce House, a Pyramids Paint Party, and an explosive Volcano Science Fair.

The 2018 camp season concluded with Adventure Time week. Campers solved mysteries, completed secret agent missions, performed Secret Science Experiments, and went on a Scavenger Hunt. As camp came to a close, the campers and staff enjoyed an end of summer party with games, prizes, music, and more!

The Arc of Essex County would like to take the opportunity to thank the following organizations for making the 2018 camp season a success:

- Lillian Schenck Foundation
- · Novartis Pharmaceuticals Corporation
- Orange Orphan Society
- United Way of Northern New Jersey
- Fresh Air Fund
- NJ State Golf Association Youth Foundation

Furthermore, the 2018 camp season, and the many improvements made to the facilities during the off season, would not have been possible without the generous Create Play contributions from the following Foundations:

- · Catholic Human Services Foundation
- Orange Orphan Society
- NJ State Golf Association Youth Foundation

The Arc of Essex County would also like to extend our sincere gratitude to all of the individual donors who contributed to the 2018 Spring Appeal in support of the Camp Transportation Fund.

To learn more about Camp Hope and how you can join in on the fun, please visit www.arccamphope.com.

New Beginnings at Stepping Stones School



The Arc of Essex County's Stepping Stones School kicked off the new school year on Thursday, September 6th.

Students and teachers alike were excited to return to the classroom for another year of learning and fun.

In the spirit of new beginnings, Sue Brand was excited to start in her new role as school Principal. Previously, Sue was responsible for the operations of Stepping Stones School for nine years as the Director of Early Childhood and Education for The Arc of Essex County. She also recently completed her Masters of Arts in Education Leadership and now holds her NJ Department of Education Principal and Supervisor Certificates.

Joining Sue on the administration team as Assistant Principal is Heather Nydam. Heather joined The Arc of Essex County in May 2016 and has worked extensively in the NJ public schools as a special education teacher. She brings with her a Masters of Arts in Education and holds her NJ Department of Education Supervisor and Principal Certificates.

The Arc of Essex County's Stepping Stones School is a Department of Education approved private school for students with disabilities serving children ages 3-10. Located in Roseland, NJ, the school is designed to meet the developmental and educational needs of children with cognitive impairments such as Down syndrome and other students with similar educational and developmental needs. For more information visit the Stepping Stones website here. To request a tour and assistance with an out-of-district placement, contact Sue Brand at (973) 535- 1181 ext. 1271 or sbrand@arcessex.org. For more information about Stepping Stones School, visit www.steppingstonesschoolnj.com.

Group Home Renovations Complete

The Arc of Essex County' property management team has been working diligently on three group home properties and all of their hard work has come to fruition.

The Washington group home underwent exterior and interior renovations, which made the house as a whole more accessible. An addition was added to the first floor to expand the shared space from four bedrooms to five. An accessible full bath was



installed, as well as new flooring throughout. Exterior ramping was also added to the house to further enhance the accessibility of the home.

The Cedar Grove and Milburn group homes had similar interior and exterior renovations with greater accessibility and open floorplans in mind. Besides the ramping system and additional bedrooms and bathrooms, a new fire sprinkler system was installed in both houses.

If you or a loved one are interested in pursuing an independent living placement with The Arc of Essex County, please contact The Arc's Director of Residential Service, Rebecca Lorusso via email at rlorusso@arcessex.org or by calling (973) 535-1181 ext. 1270. For additional information about The Arc of Essex County's residential services, click here.

Farm-to-Table Class a Hit!

On Sunday, August 19th, the Adult Respite Program participated in one of The Arc's new hit programs, the farm-to-table cooking program. Participants shopped for fresh fruits and vegetables at the Nutley Farmers Market before returning to The Arc of Essex County's Creative Visions Day Program in Orange to create the delicious meal. The farm-to-table class helps to foster healthy eating and tips to maintain good health and a well-balanced lifestyle. The group prepared a delicious meal, including roasted vegetables, corn-on-the-cob, a fruit bowl using watermelon, cantaloupe, strawberries, and blueberries, and a variety of pies to indulge in for dessert.

Do you have a loved one interested in The Arc of Essex County's Adult Recreation Services? Check out our Fall 2018 Recreation Catalog, <u>available here</u>, then reach out to The Arc of Essex County's Manager of Community Supports Services, Dacia King-Sarkodie, to learn how you can enroll - <u>dking@arcessex.org</u> or (973) 535-1181 ext. 1272.



Join Us for The Arc of Essex County's Employment

Open House on September 12th

Are you looking for a full or part time job where you can make a difference? Join The Arc of Essex County on Wednesday, September 12th to learn about employment opportunities working with individuals with Autism, Down syndrome, and other intellectual and developmental disabilities. Openings include:

- · Adult Services Assistant Directors
- Adult Services Program Managers
- Adult Services Shift Supervisors
- Agency Nurse
- Behaviorist/Clinical Specialists
- Direct Support Professionals
- Facilities/Maintenance Technician
- Physical Therapist
- Occupational Therapists



Interested individuals should submit an employment application on The Arc of Essex County's website (www.arcessex.org/careers) prior to attending. Candidates should bring multiple copies of their resume and be prepared to interview. For questions, call Laneesha Thompson at (973) 535-1181 ext. 1256.

Feeling Lucky? Buy Your

50/50 Ticket Today

Take a chance and purchase a 50/50 raffle ticket and you can win big! Tickets are \$10 each and all

proceeds will benefit The Arc of Essex County. The winning ticket will be drawn on Thursday, September 27, 2018 at the Wilshire Grand in West Orange, NJ. You need not be present to win. Tickets can be purchased online here.



The Arc is also seeking volunteers to help sell raffle tickets. Each volunteer can sign up for as many raffle ticket books (10 tix per book) as they would like. *Volunteers are not responsible for any unsold tickets*. Unsold tickets simply need to be turned in along with any sold ticket stubs and money collected before September 27th. Please contact Maria Meizoso by email at mmeizoso@arcessex.org or by phone at 973-535-1181 x1227 to sign up.

The Arc of Essex County to Host

IEP Review Clinic

Navigating through the Individualized Education Plan (IEP) process can seem overwhelming, but The Arc of Essex County has teamed up with The Arc of New Jersey's Family Institute to help. IEP reviews will be held at The Arc of Essex County's main office in Livingston, NJ on Monday, November 8th from 6:00pm-9:00pm. Families will



have an opportunity to sit down with an attorney from Hinkle, Fingles, Prior, & Fischer to review their child's IEP, ask questions and discuss any concerns they may have about their school district. Space is limited and registration is REQUIRED to attend. Families will receive a free 30 minute IEP review.

For more information and to register under the November 8th session, click here.

The Arc of Essex County Residential Corner -

September Openings

For individuals seeking a community living placement, The Arc of Essex County has the following September 2018 openings:

Only One Spot Remains! The Park Place Apartment Program



The Arc of Essex County has one placement for a female resident remaining at our newest property – The Park Place apartment program. Creating six supervised and supportive living apartments for The Arc of Essex County and adults with intellectual and developmental disabilities, this newly constructed, apartment style living community is located in Irvington. Contact us if you are interested in openings.

Respite Group Home



Are you heading out of town for an upcoming business trip, wedding celebration, or planning a medical procedure that requires overnight or rehab recovery? Do you need coverage for your loved one with an intellectual or developmental disability? The Arc of Essex County's Respite Group Home can help. Accommodating up to 6 residents, the home is designed to provide a caring and supportive stay during planned or unplanned respite events. The home features:

- 24/7 Staff Supervision
- Large, 2-Story, Single Family, Colonial-style Home
- Designed to create a family-like setting in which consumers can feel comfortable until they transition into permanent housing or return home
- Staff is prepared to manage behavioral issues and additional supports based on the needs
 of the individual

Maplewood Supervised Apartments (1 Female Vacancy)



- 24/7 Staff Supervision
- Condo-style Living in a 3rd Floor Unit with Elevator
- Located near public transportation and within walking distance to Maplewood's downtown shopping & restaurants
- Neighbors are younger and enjoy socializing and participating in community events





- Minimal Community Living Support Needs; Access to an Emergency On-Call System for Added Safety 24 Hours a Day
- Apartment-Style Living in 5-Floor Building
- Located near public transportation and within walking distance to South Orange's vibrant downtown

Maplewood Supportive Living Apartment (1 Vacancy)



- Minimal Community Living Support Needs; Access to an Emergency On-Call System for Added Safety 24 Hours a Day
- Townhome-Style Community
- Located near public transportation and within walking distance of Maplewood's downtown shopping & restaurants

For additional information about The Arc of Essex County's residential services, <u>click here</u>. If you are interested in pursuing independent living at one of the above properties, please contact The Arc's Director of Residential Service, Rebecca Lorusso via email at <u>rlorusso@arcessex.org</u> or by calling (973) 535-1181 ext. 1270.

Start a Facebook Fundraiser for

The Arc of Essex County Today!

Have a birthday coming up? Perhaps a milestone Anniversary on the horizon? Now there is a fun way to celebrate your special occasion with your friends and loved ones. Facebook has created a new, seamless process to host a personalized event on its social platform that will enable you to raise funds for The Arc of Essex County.

Just launched in July, we are happy to report that three people have already created fundraisers for The Arc of Essex County through Facebook, and raised nearly \$1,000 to date! Rachel, one of the Facebook fundraisers, shared why she decided to fundraise on behalf of The Arc of Essex County:



"I love everything the Arc does and I'm hoping the money I raise will help improve the experience of some of the consumers because they deserve the best."

Are you ready to create your own birthday/celebration Facebook fundraiser? Here's how...

In a few, easy steps, you could help raise significant funds for The Arc of Essex County.

- 1. Go to https://www.facebook.com/fundraisers/
- 2. Click "Raise Money for a Nonprofit Organization"

- 3. Select "The Arc of Essex County" as the organization of your choice
- 4. Create a goal and timeline for your fundraiser
- 5. Customize your fundraiser page with a personal message about why you are raising money for The Arc of Essex County
- 6. Create and Share with friends

Payments are processed through Facebook and will be deposited directly to The Arc of Essex County. Please note, Facebook has generously waived all processing fees for online donations processed through Facebook Fundraisers which means donations will have an even bigger impact!

To learn more about Facebook Fundraisers, click here.

Have a question? Need Help? Please contact Heather Comstock, Senior Director of Development and Communication at 973-535-1181 x1224 or hccmstock@arcessex.org.

Donate Your Unwanted Used Vehicle to The Arc of Essex County





Car Donation Program

Easy, Convenient and Tax Deductible!



Donate today and give someone with intellectual and developmental disabilities (I/DD) the key to their independence. The Arc works through a national network of nearly 700 chapters to advocate for and support people with I/DD. Proceeds from your donation will benefit your local chapter. We accept any vehicle with a title and will arrange free, convenient pick up or towing. Plus, we'll take care of all of the paperwork you need to take advantage of a tax break for your donation!

Thank you!

Call Toll Free 1-877-ARC-CAR-0
Or Donate Online at

www.thearc.org/donate-my-vehicle
Note "NJ The Arc of Essex County" as your beneficiary.

The Arc Remembers Lisa Zampano

Lisa Zampano joined The Arc of Essex County family in the 1990's and most recently attended West Caldwell Hub. Lisa greatly enjoyed in-center activities especially playing board and card games with her peers. She insisted on having one can of Coca-Cola a day and had a smile that lit up the room. She will be deeply missed.

If you would like to make a donation to The Arc of Essex County in Lisa's memory, please visit www.arcessex.org/donate. Please note that your donation is in memory of Lisa – an acknowledgement of your tribute will be sent to family members.

